

# Breakaway (Pop Waltz)

**Artist:** Kelly Clarkson **Album:** Breakaway **(Time:** 3:04)

**Level:** Basic WALTZ CLOG **Speed:** Waltz  $\frac{3}{4}$  timing

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**Sequence:** Intro – A – A – BR –  $\frac{1}{2}$  Intro – A – BR – B – C – B – Ending

**Wait:** none, starts immediately with step waltzes **LEFT FOOT** lead

## Cues

### Intro (8 sets of 6 beats)

16 Step Waltzes

### Part A (8 sets of 6 beats)

2 Waltz Clogs

2 Step Skuff Hop

2 Waltz Clogs

Step Skuff 'n' Touch

2 Waltz Clogs

2 Step Skuff Hop

2 Waltz Clog

Triplet and pause 3

### Repeat Part A

### BREAK (3 sets of 6 beats)

2 Waltz Clogs

4 Step Double Doubles

### Part B (16 sets of 6 beats)

Spread Wings S BB S, S BB S

Learn to Fly S BR S, S BR S 360

2 Lindsay's

Step Skuff Hop Step and Reach to the sky (2nd rep cover heart)

Step Double Jump Touch in front

Step Double Jump Touch in back

Step Double Jump Touch in front

Pause 3

2 Yo Sailor (S Scoot Scoot)

Fastball and Step and Pause 2

**Repeat all Part B listed above**

### $\frac{1}{2}$ Intro

8 Step Waltzes

### Repeat Part A

### Repeat BREAK

### Repeat Part B

### Part C (8 sets of 6 beats)

Chasin' the Heel

Step Kick n' Turn

Chasin the Heel

Step Kick n' Turn

2 Canadian Train

2 Yo Sailor (S Scoot Scoot)

Fastball and Step and Pause 2

### Repeat Part B

### Ending

2 { 2 Yo Sailors and  
Fastball Step and Pause }

## Step Breakdown

### 2 Step Waltz

	(xib)			(xib)	
BA	R	S	BA	R	S
L	R	L	R	L	R
1	2	3	4	5	6

### 2 Waltz Clogs (Step shuffle ball change) Lindsay

						(xif)			(xif)
BA	DT	RS	BA	DT	RS	BA	DT	BA	DT
L	R	RL	R	L	LR	L	R	R	LR
1	a2	a3	4	a5	a6	1	a2	a3	4

### Step Skuff Hop

S	SK	Hop
L	R	L
1	2	3

### Step Skuff 'n' Touch

S	SK	Hop	H(w)	SN	(xif)
L	R	L	R	R	TTch
1	2	3	4	5	6

### Triplet (need to listen for timing)

S	DB	S	DB	S	DB	S
L	R	R	L	L	R	R

### Step Double Doubles

	(if)	(ots)		(if)	(ots)
BA	DT	DT	BA	DT	DT
L	R	R	R	L	L
1	a2	a3	4	a5	a6

### Step Double Jump Touch (like a Sonic sorta – in back like a Maxi Ford)

						(if) (or in back if indicated)
BA	DT	S	Tch	BA	DT	S
L	R	R	L	L	R	R
1	a2	a	3	4	a5	a

### Fast Ball Pause 2

S	DT	R	S	S	p	p
L	R	R	L	R		
1	a2	a	3	4	5	6

### Chasin' the Heel (twist for the second one)

S	H(w)	S	S	H(w)	S
L	R	L	R	L	R
1	2	3	4	5	6

### Step Kick Turn Step 'n' Kick

			(turn $\frac{1}{2}$ L) to face back		
S	KK	Hclk		S	KK
L	R	L		R	L
1	2	3		4	5

### Canadian Train

S	DB	Hop	RS	S	DB	Hop	RS
L	R	L	RL	R	L	R	RL
1	a2	a	3a	4	a5	a	6a

## Abbreviations

(p) – Pause  
BA – step with weight on ball of foot  
BB – Back Brush  
BR – Brush  
BS – Brush Step (falap in tap)  
DR – Drag  
DS – Double Step  
DT – Double Toe  
Flap – Backwards brush  
H(w) – Heel with weight  
Hclk – Heel Click  
Hop – stay on same foot  
Jump – switch feet  
KK – Kick  
R – Rock  
RS – Rock Step  
S – Step  
SK – Skuff with heel  
SL – Slide  
SLR – Slur  
SN – snap toe down  
Tch – touch ball of foot  
TTch – tip of toe touch

## ***Bonus Info on Traditional Waltz Clog***

This section is what a traditional waltz clog (valse clog) should be. Any traditional blue grass waltz song in  $\frac{3}{4}$  time will work

Usually follows an ABABABBC pattern throughout a whole song but not always.

Each section in a traditional Waltz Clog will repeat, then break then another section begins following the same pattern with the same break.

### ***First Variation***

**A**  
2 Waltz Clogs

**B**  
2 Step Skuff Hops

Repeat A B 2 more times (following the AB Pattern above)

**C - Break**  
Fastball Pause

### ***Second Variation***

**A**  
2 Waltz Clogs

**B**  
2 Step Stamp Stamp (stamp = no weight transfer, flat footed touch)

Repeat A B 2 more times (following the AB Pattern above)

Repeat B

**C - Break**  
Fastball Pause

### ***Third Variation***

**A**  
2 Waltz Clogs

**B**  
Step Stamp Stamp Jump Double Hop Toe

Repeat A B 2 more times (following the AB Pattern above)

Repeat B

**C - Break**  
Fastball Pause

A whole Waltz Clog should progressively progress in difficulty.

Excellent demonstration of Traditional Waltz Clog  
<https://www.youtube.com/watch?v=OcAX276rX58>

Can also be done with a jump rope – check out  
<http://www.youtube.com/watch?v=pR1zqKoO4CE> for a wonderful example