

# PRESSURE OFF

Choreo: Scott Dobson

Line: Intermediate  
Artist: Duran Duran  
Album: Paper Gods  
Music: Pop

Sequence: A – B – C – D – E – ½ A\* – B – C – D – E – A – C – D – E - Ending

Intro: Wait 1 beat

## A – SEQUENCE

L S R (ots) S S (moving forward) JP JP (moving R).  
R S (xib) S R S (½ turn R) JP JP (moving R)  
1 2 & 3 4 & 5 6 7 8

## CUERS NOTES

Steppin' Out & Jumpin' Up

Repeat to face front – 8 beats. Repeat to face back – 8 beats.

L S S S S 540° Turn  
R S (back w/½ turn L) S (forward w/½ turn L) S (back w/½ turn L) S (to face forward)  
1 2 3 4 5 6 7 8

\*During second execution of Sequence A, do last 16 beats only to face front (one Steppin' Out & Jumpin' Up & a 540° Turn).

## B – SEQUENCE

L DS S DRG R DS (¼ turn L) R  
R DS (xif) DRG S (ots) S DS S  
&1 &2 & 3 & 4 & 5 &6 &7 & 8

Samantha Turn

L DS S S (pause) K ST R R  
R S S S DS (¼ turn L) S S  
&1 & 2 & 3 4 5 &6 & 7 & 8

Run It Forward with a  
Stomp Fancy Double Turn

Repeat sequence to face front – 16 beats.

## C – SEQUENCE

L DS H (pause) S S R (xif) R (ots) R (xib)  
R DS S H (pause) ST S S S  
&1 &2 3 & 4 5 & 6 & 7 & 8

Heel Pause with a  
Right Stomp Donkey Rock

L DS DRG S DRG S DS R  
R S S DS DS S  
&1 & 2 & 3 & 4 &5 &6 &7 & 8

Syncopated Drag with a  
Right Triple

Repeat sequence – 16 beats.

## D – SEQUENCE

L DS H R (xib) R (xib) DS (360° turn R) R  
R DT DS S (ots) ST (ots) DS S  
&1 &a 2 &3 & 4 & 5 &6 &7 & 8

Flea Flicker Run with a  
Stomp Right Triple Turn

L DS (xif) HP S (ots) S S SLR S (xib)  
R S S (xif) HP S (ots) SLR S (xib) SLR S (xib)  
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Hop-N-Back & Forth with  
Jim Jams moving back

Repeat first 8 beats.

L S S (moving L) S Clap S Clap (moving back in place).  
R DRG DRG Clap S Clap S  
1 2 3 4 5 6 7 8

Step Drags with  
Four Steps moving back

## E – SEQUENCE

L DS (xif) HP K S HP DS (ots) S S  
R S HP S R (xif) R (ots) DS  
&1 & 2 & 3 & 4 &5 & 6 & 7 &8

See Saw Legs with a  
Left Flap Jack

L R (ots) DRG S S ST SL R  
R S R DRG (½ turn R) S BR DS S  
& 1 & 2 & 3 & 4 5 & 6 &7 & 8

Step Drag Turn with a  
Stomp Rocking Chair

Repeat sequence to face front – 16 beats.

## Ending – SEQUENCE

Do four Step Drag Turns with four Stomp Rocking Chairs facing front and back – 32 beats. End routine with two Step Drags facing forward.