


# The Tide Is High (Pop)

**Artist:** Blondie **Album:** The Tide is High – single (iTunes download) (**Time:** 3:54)

**Level:** Basic Plus **Speed:** 97 BPM

**Choreo:** Kerri Orthner (CCI), kerriclogs@hotmail.com, 780 922-6821, Ardrossan, AB  website: www.kerriclogs.com

**Sequence:** A – B – C – D – C – B – E – D – C – B – E\* – A – D – C – B – E\* – B – B – B – B

**Wait:** 16 beats **LEFT FOOT** lead

## Cues

### Part A (Instrumental)

2 (Vine Brush and a Fancy Double)  
2 Cowboys (turn each 1/2 left)

### Part B ("The tide is high")

2 Heel Toe Combos and 4 Basics in a box

### Part C ("I'm not the kind of girl")

Brushover Vine, 2 Slurs and a Turning Push

### Part D

4 Rocking Chairs

### Part C ("I'm not the kind of girl")

Brushover Vine, 2 Slurs and a Turning Push

### Part B ("The tide is high")

2 Heel Toe Combos and 4 Basics in a box

### Part E ("Number one...")

2 Fancy Triples and a Roundout

### Part D

4 Rocking Chairs

### Part C ("I'm not the kind of girl")

Brushover Vine, 2 Slurs and a Turning Push

### Part B ("The tide is high")

2 Heel Toe Combos and 4 Basics in a box

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### Part A (Instrumental)

2 (Vine Brush, Fancy Double)  
2 Cowboys (turn each 1/2 left)

### Part D

4 Rocking Chairs

### Part C ("I'm not the kind of girl")

Brushover Vine, 2 Slurs and a Turning Push

### Part B ("The tide is high")

2 Heel Toe Combos and 4 Basics in a box

### Part E\* ("Number one...")

4 Fancy Triples and a Roundout

### Part B\* 4x (music fades)

2 Heel Toe Combos and 4 Basics in a box

*\*Turn 4 Basics only 3/4 left*

## Step Breakdown (in order of appearance)

### Vine Brush and a Fancy Double (use opposite footwork when repeated)

(xib)  
DS DS DS BR Hclk DS DS RS RS  
L R L R L R L RL RL  
&a1 &a2 &a3 & 4 &a5 &a6 &7 &8

### Cowboy

[move forward] [move back]  
DS DS DS BR Hclk DS RS RS RS  
L R L R L R LR LR LR  
&a1 &a2 &a3 & 4 &a5 &a6 &7 &8

### Heel Toe Combo (use opposite footwork when repeated)

(if) (ib) (if)  
DS Htch Hclk Ttch Hclk Htch Hclk  
L R L R L R L  
&a1 & 2 & 3 & 4

### 4 Basics

DS RS DS RS DS RS DS RS  
L RL R LR L RL R LR  
&a1 &2 &a3 &4 &a5 &a6 &a7 &8

### Brushover Vine

(xif) (xib)  
DS BR Hclk DS RS DS DS DS RS  
L R L R LR L R L RL  
&a1 & 2 &a3 &4 &a5 &a6 &a7 &8

### 2 Slurs and a Turning Push

(ib) (xib) (ib) (xib) [turn 360 right]  
DS SLR S DS SLR S DS RS RS RS  
R L L R L L R LR LR LR  
&a1 & 2 &a3 & 4 &a5 &a6 &7 &8

### Fancy Triple (use opposite footwork when repeated)

(xif)  
DS DS DS RS  
L R L RL  
&a1 &a2 &a3 &4

### Roundout

(xif) (ots) (ots)  
DS TH TH TH  
L RR LL RR  
&a1 &2 &3 &4

### Rocking Chair

DS BR Hclk DS RS  
L R L R LR  
&a1 & 2 &a3 &4

Abbreviations:  
(ib) – in back  
(if) – in front  
(ots) – out to side  
(xib) – cross in back  
(xif) – cross in front  
BR – brush  
DS – double step  
Hclk – heel click  
Htch – heel touch  
RS – rock step  
S – step  
SLR – slur  
TH – toe heel  
Ttch – toe touch