

Over It

Music By: Ashley Tisdale

Choreo by: Stacy DeWitt, CCI



From the CD Headstrong (2007)

ASIN B000LV63OK (Available on iTunes)

Track Time: 2:54

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Really Advanced Line Dance

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Wait 16 Beats and Start with Your Left Foot

Sequence: A – Bridge – B – Bridge – A – Bridge – B – C – B – B – C

Part A (32 beats)

Double Back Scuffs DS – Dbl(back) / Hop – Scuff / Hop – Hop – Scuff – Hop – Hop – Scuff – Hop
L R L R L R L R L R L
&a1 e & a 2 & a 3 & a 4

Triple Canadian DS – DS – DS – Dbl – Hop – Tch
R L R L R L
&5 &6 &a 7& a 8

Swishy Kick Hop – Dbl (out) – Hop – T – Hop – T – Hop – T – Hop – T – Hop – R/K – S
L R L R L R L R L R L RL L
& a 1 e & a 2 e & a 3 & 4

Double Back Turn Hop – Dbl (xib) – Hop – Hop/Lift – S – S – S – DS – Tch
(turn ½ left) L R both R L L R L R L
& a 5 & 6 & 7 & 8

Repeat to the Front

Bridge (16 beats)

Chain DS – Dbl – Hop – DS – RS – Dbl – Hop – DS – RS – Dbl – Hop – DS – RS – Dbl – Hop – Tch
L R L R LR L R L RL R L R LR L R L
&a1 e& a 2e& a3 e & 4 a5 e& a 6 a7 & a 8

Kick Buck Basic K – S – T – BALL – H – S – Scuff – Hop – Flap – S – Ball – Flap – R – S – Tch (ots) – S – Tch (ots) – Tch
L L R R L L R L R R L R R L R R L L
& 1 e & a 2 e & a 3 e & a 4 5 6 7 8

Part B (32 beats)

Flap Sequence Hop – T (xib) – Hop – Ball – Flap – S – Tch – Hop – T (xib) – Hop – Ball – Flap – S – Tch
L R L R L R R R L R L R R L
& a 1 e & a 2 & a 3 e & a 4

Hop – T (xib) – Hop – Ball – Flap – S – Tch – Slide/H – Hop/Lift – S
L R L R L L R R L R L L
& a 5 e & a 6 7 & 8

Buck & Grab-Off S – H – S – R – H – S – Dbl – Grab – Off – S – RS – DS – Dbl – Hop – T – Spin(turn ½ left)/H – Lift
R L L R L L R LEFT L RL R L R L R L L
& a 1 & a 2 e & a 3 &4 &a5 e& a 6 7 8

Repeat to the Front

Part C (32 beats)

Basic Spin Crimp Rolls DS – RS – SPIN (3/4) – RS – DS – T – T – H – H – T – T – H – H – S/H – LIFT
L RL R LR L R L R L R L R L R/L L
1 &2 3 &4 5 & a 6 & a 7 & 8

Repeat 3 More Times to Make a Box