

Bend Me, Shape Me (1967)

Artist: The American Breed

Choreo: Andy Howard

Level: Intermediate

Intro: 8

INTRO / BRIDGE:

Samantha	Dbbs Dbbs (xif) Drag Step Drag Step RS Dbbs Dbbs RS L R R L L R LR L R LR
4 Basics (Clap Clap on RS) Turn ¼ Left on Each	Dbbs RS Dbbs RS Dbbs RS Dbbs RS L RL R LR L RL R LR

PART A:

Shape Vine	Dbbs Dbbs (xif) Dbbs (ots) Toe-Step (xib) Dbbs (ots) Toe-Step (xib) Dbbs Brush L R L R L R L R L R
2 Basics (Clap Clap on RS)	Dbbs RS Dbbs RS R LR L RL
Fancy Double (Rock in Front)	Dbbs Dbbs RS (OTS) RS (XIF) R L RL RL
REPEAT // USING OPPOSITE FOOTWORK AND DIRECTION	

PART B:

Triple Karate Rock (Forward, then turn ½ Left)	Dbbs Dbbs Dbbs Brush (turn ½ Left) RS Brush L R L R RL R
Basic	Dbbs RS R LR
Triple Karate Rock (Forward, then turn ½ Left)	Dbbs Dbbs Dbbs Brush (turn ½ Left) RS Brush L R L R RL R
Basic	Dbbs RS R LR
Charleston	Dbbs Tch (if) Step (ib) RS (ib) L R R LR
Donkey	Dbbs RS (if) RS (ots) RS (ib) L RL RL RL
Donkey Toe	Dbbs RS (if) RS (ots) TOE (ib) R LR LR L

CHORUS:

Bend Me, Shape Me	Dbbs Heel (xif) Dbbs (ots) Toe (xib) L R R L
Rocking Chair (Turn ¼ Left)	Dbbs Brush Dbbs RS L R R LR
Unclog Vine Forward and ¼ Left (Can sub w/ Samantha ¾ Right)	Dbbs Brush Stamp-Stomp Brush Stamp-Stomp Brush (1/4 Left) Dbbs RS L R R R L L L R R LR
REPEAT	
Double Basic with Toe	Dbbs Dbbs RS Toe (ib) L R LR L

Jazz Square + 2 Fontana Brushes (This step is not repeated again)	Step Step (xif) Step (ots) Step Dbbs Brush Dbbs Brush L R L R L R R L
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REPEAT ENTIRE DANCE. ADD ANOTHER CHORUS AT END.