

Bend Me, Shape Me

The American Breed

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Level: Easy Intermediate

Wait 8 beats

Sequence: Break-A-B-C-Bridge-Break-A-B-C-C*

Break

Samantha DS DS (xif) DR/S DR/S RS DS DS RS
L R R/L L/R LR L R LR

Quarter Kicks DS Br up | DS Br up | DS Br up | DS Br up (turn ¼ left on each)
L R | R L | L R | R L

A

Clog Over Vine DS DS (xif) DS DS (xib) DS DS (xif) DS RS
L R L R L R L RL

2 Basics DS RS | DS RS ***angle each slightly to corner and clap on RS***
R LR | L RL

Triple DS DS DS RS (turn ½ right)
R L R LR

REPEAT ALL STEPS TO FACE FRONT

B

2 Cowboys DS DS DS Br up DS RS RS RS (turn ½ left on each)
L R L R R LR LR LR

2 Turkeys H/Flap S DS RS | H/Flap S DS RS
L/ L R L RL | R/ R L R LR

Fancy Log DS DS S S Clap ***back up on S like the end of Over the Log***
L R L R

C

Kentucky Loop DS DR/S (if) DS Loop S (ib)
L L/R L R R

Rooster Run DS DS (xif) Ba Ba (ib) Ba S
L R L R L R

Chain DS RS RS RS (turn ½ left)
L RL RL RL

Basic w/ C.E. Joe Kick DS RS K (xif) K (unx)
R LR L L

REPEAT ALL STEPS TO FACE FRONT

Fancy Log DS DS S S Clap ***back up on S like the end of Over the Log***
L R L R

Bridge

8 ct Roundout TS T (xif) S TS T (ots) S T (xif) S T S T (ots) S TS
LL R R LL R R L L R R L L RR

REPEAT Break (Samantha, Quarter Kicks)

REPEAT Part A (Clog Over Vine, 2 Basics, Triple – f & b)

REPEAT Part B (2 Cowboys, 2 Turkeys, Fancy Log)

REPEAT Part C (Kentucky Loop, Rooster Run, Chain, Basic/C.E. Joe Kick – f & b; Fancy Log)

REPEAT Part C (Kentucky Loop, Rooster Run, Chain, Basic/C.E. Joe Kick – f & b; Fancy Log)

C*

2 Drags DS DR/S DS DR/S (in place)
L L/R L L/R

Fancy Double DS DS R (ots) S RS
L R L R LR

Chain DS RS RS RS (turn 360° left)
L RL RL RL

Basic w/ C.E. Joe Kick DS RS K (xif) K (unx)
R LR L L