

Good Morning

Mandisa f/ TobyMac

Choreo: J.-P. Simkus, Good Time Cloggers

Contact: clogndude@aol.com, facebook.com/jpsimkus

Level: Intermediate

Wait 16 beats

Sequence: A-B-Break 1-C-A-B-Break 1-C-A-D-Break 2-E-C*-A*

A

Pull It Back DS DS R S/Pull S (backing up)
L R LR/ L L

Triple DS DS DS RS (turn ½ right)
R L R LR

REPEAT ALL STEPS TO FACE FRONT

B

Conundrum DS DS (xif) R H* RS R H* RS H* S H/Flap *heel takes no weight*
L R LR RLRL LRL L R/ R

Swing Kick DS DS (xif) S (ib)/K* (ots) S RS DS DS RS *swing leg around* (turn ½ right)
L R L /R RLR L R LR

REPEAT ALL STEPS TO FACE FRONT

Break 1

Triple Kick DS DS DS K (moving forward)
L R L R

Triple DS DS DS RS (backing up)
R L R LR

Slow Turn S (ots) S (ots) pause S S (xif) pause Spin 360° left for remaining beats
L R LR
There is slight syncopation in the timing prior to the spin

C

Can-Tur Kick DS Dbl Hop Tch DT (ots) RS H/Flap RS K (xif) K (unx) (unx) = uncross
L R L R R RL R/ R LR L L

Samantha Stutter DS DS DR/S DR/S Clap 2x DS DS RS (turn ½ left)
L R R/L L/R L R LR

REPEAT ALL STEPS TO FACE FRONT

REPEAT PART A (Pull It Back, Triple)

REPEAT PART B (Conundrum, Swing Kick)

REPEAT Break 1 (Triple Kick, Triple, Slow Turn)

REPEAT PART C (Can-Tur Kick, Samantha Stutter)

REPEAT PART A (Pull It Back, Triple)

D

Rooster Dog DS DS (xif) Ba Ba (xib) Ba S H H RS DS RS (moving left) *heels take weight*
L R L R L R L R L R L RL

Karate Rock DS K RS K (turn 1/2 right)
R L LR L

Stagger DS/H (ots) T (if) H (drop) RS
L/R R R LR

REPEAT ALL STEPS TO FACE FRONT

Break 2

2 Clog Over Vines DS DS (xif) DS DS DS DS (xif) DS RS (moving left, turn 360°)
L R L R L R L RL

Only one shown; repeat opposite direction with opposite footwork

E

TobyMac R (if) S DS (ib) R (ots) S R (if) S R S/Slur (ots) DS Tch (ots) (turn 1/4 left)
L R L R LR LR/ R R L

Rock Pause R S (xib) pause S S (xif) S S (xib) (moving left)
L R L R LR

Fancy Double DS DS RS RS (turn 1/4 left)
L R LR LR

REPEAT ALL STEPS TO FACE FRONT

C*

Can-Tur Kick DS Dbl Hop Tch DT (ots) RS H/Flap RS K (xif) K (unx) (unx) = uncross
L R L R R RL R/ R LR L L

Samantha Stutter DS DS DR/S DR/S Clap 2x DS DS RS (turn 3/4 left)
L R R/L L/R L R LR

REPEAT 3X, MAKING BOX TO FINISH FACING FRONT

A*

Pull It Back DS DS R S/Pull S (backing up)
L R LR/ L L

Triple DS DS DS RS (turn 3/4 right)
R L R LR

REPEAT 3X, MAKING BOX TO FINISH FACING FRONT

****Add a quick step on left after final triple to finish the song****