

**LIFE'S A DANCE** PDF

Beginning – Country – Moderate, Easy Tempo

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*Sequence: Wait 8 Beats, A, B, A, B, Break, B Modified, B, Ending*

**WAIT 8 BEATS**

**PART A: (34 Beats)**

2 Basics 1 Chain Stomp -2 Times	DS RS DS RS	DS RS RS RS	REVERSE FOOTWORK
	L RL R LR	L RL RL RL	
	&1 &2 &3 &4	&5 &6 &7 &8	1-8

3 Rocking Chairs	DS Br Sl DS RS	REPEAT	REPEAT
	L R L R LR		
	&1 &2 &3 &4	5-8	1-4

3 Heel Steps, 1 Lift	Hl(if) S	Hl(if) S	Hl(if) S	Hl(if) S	Lift	Pause
	L L R R	L L R R	L L R R	L L R R	R L	
	& 5	& &	& 7	& &	8 1	2

**PART B: (24 Beats)**

2 Cotton-Eye Joes	Hl(ots) Toe(xib) DS RS	Hl(ots) Toe(xib) DS RS
	L L L RL	R L R LR
	1 2 &3 &4	5 6 &7 &8

Triple Hop, Triple Rock *(Travel fwd on first 3 DS, and travel bkwd on last 3 DS)*

DS DS DS Br(if) Sl/Lift	DS DS DS RS
L R L R L/R	R LR R LR
&1 &2 &3 & 4	&5 &6 &7 &8

2 Fancy Doubles	DS DS RS RS	REPEAT
	L R LR LR	
	&1 &2 &3 &4	5-8

**REPEAT PART A (34 Beats)**

**REPEAT PART B (24 Beats)**

**BREAK: (8 Beats)**

4 Brush Ups (LRLR)	<i>(Turning 1/4 R on each brush up)</i>	REVERSE AND REPEAT
	DS Br(fwd) Lift/Sl	
	L L R/L	
	&1 & 2	3-8

**REPEAT PART B OMITTING FANCY DOUBLES (16 Beats)**

**REPEAT PART B (24 Beats)**

**ENDING: (32+ Beats)**

Clog Over Vine	DS DS(xif) DS(ots) DS(xib) DS(ots) DS(xif) DS(ots) RS
	L R L R L R L RL
	&1 & 2& 3 &4 &5 & 6& 7 &8

4 Basics "In a Box" *(Turn 1/4 left on each Basic)*

DS RS DS RS DS RS DS RS
L RL R LR L RL R LR
&1 &2 &3 &4 &5 &6 &7 &8

**REVERSE ABOVE 16 BEATS BEGINNING RIGHT**

**CLOG OVER VINE TRAVELING OFF STAGE LEFT**

Abbreviations Used:
Br = brush
DS = double toe step
Hl = heel
ib = in the back
if = in the front
ots = out to the side
R = rock
S = step
Sl = slide
Tc = touch
x = cross