

11/94

COWPATTIE

Level: Intermediate

Special thanks to Georgeanne Valis of Neshanic, N.J.

This dance is fun for kids as well as adults; it's a good one to ham up. Georgeanne says people who were never willing to try a line dance before wanted to go out and try this one.

Dance Description

Grapevines with turns

1. Step to the right with right foot
2. Step behind right with left foot
3. Step to right with right foot
4. Kick left foot, turning quarter turn to right
5. Step to left with left foot
6. Step behind left with right foot
7. Step to left with left foot
8. Kick with right foot, pivoting a three-quarter left turn on ball of left foot
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9. Stomp right foot forward
10. Stomp left foot forward
11. Stomp right foot forward
12. Stomp left foot forward

Here's the cowpattie part!

- 13, 14. Rub right foot along floor slowly (as if scraping off a cowpattie!)
15. Stomp right foot
16. Hold a beat
- 17, 18. Rub left foot along floor slowly
19. Stomp left foot
20. Hold a beat
- 21, 22. Rub right foot along floor slowly
23. Stomp right foot
24. Hold a beat
- 25, 26. Rub left foot along floor slowly
27. Stomp left foot
28. Hold a beat

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- 29&30. Right shuffle forward (right left right)
- 31&32. Left shuffle forward (left right left)
- 33&34. Right shuffle forward (right left right)
- 35&36. Left shuffle forward (left right left)

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- 37, 38. Shake right foot twice
39. Jump with feet apart (like mounting a horse from rear)
40. Hold position a beat

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Hold hands in front of you, as if holding reins

41. With feet still apart, jump forward
42. With feet still apart, jump forward
43. With feet still apart, jump forward
44. With feet still apart, jump forward

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Swing an imaginary lasso above your head during next four beats

45. With feet still apart, swing hips to right
46. Swing hips to left
47. Swing hips to right
48. Swing hips to left

Begin again...Good luck!